Narcolepsy Medical Information Card

I have Narcolepsy. A chronic neurological disorder that may cause unexpected sleep attacks. Narcolepsy may include **Cataplexy**; a sudden loss of muscle control. This can cause a full body collapse. I may not be able to communicate, though I am fully conscious.

How to help:

Remain calm.

Do not call emergency services unless

I have hit my head or am visibly injured.









My Name:

In case of emergency please contact

Name:

Address:

Phone:

Check wallet for insurance and further health information.