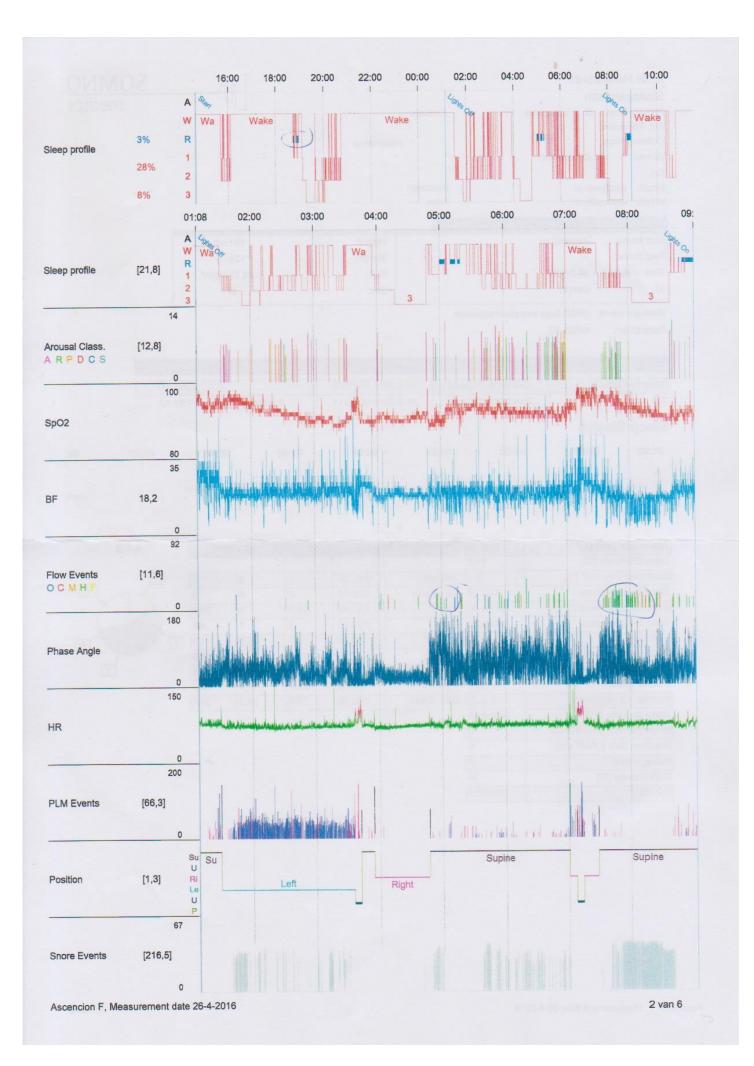
SEIN Heemstede								
					П	٦	30	<u>OMNO</u>
Slaapcentrum Primary Phys.: G. J. Lammer		Address						medics
Ref. Physician:	5	Address:						
Ordering Phys.:		н	eemstede					
Scorer: A. Zeijlemaker			eenistede					
Tel.:								
Email: ssz@sein.nl		Recorder:						
WWW: www.sein.nl		Fax :						
Patient Data		24		ATTEN DANTEN	CARDING AND DEPT	CONTRACTOR AND		
Last Name: Ascencion			Height:		181			
First Name: F			Weight:		109	-	in the second	
Date of Birth: 14-2-1967			BMI:		33,27	kg/m²		
ID: 64919			Sex:		M			
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	from		to	0.5	tefact	Dur	ration	
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WASO



Polysomnography of F. Ascencion, measured on April 26 to April 27 2016.

Done by Sleep center SEIN, Located at Heemstede in The Netherlands,. Under supervision of Dr. G.J. Lammers. Text written by F. Ascencion (the patient)

This has been an APSG, ambulatory polysomnography, which means a non-supervised PSG at home of the patient.

Purpose was to measure deep sleep on baclofen.

30 mg of baclofen has been taken an hour prior to going to bed together with Imipramine, an antidepressant to help against cataplexy. Patient doesn't use Cpap but a nose clip for his apnea.

19:00 A regular nap shows dream stage directly.5:00 Shows dream stage after 4 hours on baclofen.9:00 Second night dream stage after 8 hours on baclofen.

During the night there are 3 periods of restful quality sleep. The first period seems to be interrupted by unknown reason. 2nd and 3rd period are more as expected.

Consciously awake at 3:30 and 7:00.

Best sleep on right side.

Lost nose clip close to 8:00. Significantly more snoring and less oxygen intake (apnea)

Overall: Better than unmedicated. Less than expected. REM sleep minimized. No movement. Little dream time.

Conclusion: Patient will come back for 2nd PSG after going back on Xyrem, to see if the fragmented light sleep will still be there or not.

This APSG is a personal measurement and won't guarantee the same, lesser or better results for another individual.